

Tariff

(For the year 2023)

Ordinary Rooms - INR 1100 / Day

(Private bathroom, Twin bed, Bedside table)

Deluxe Room - INR 2000 / Day

(Air Conditioned Spacious room, 24 hour satellite TV, Twin bed, Bed side table, Spacious private bathroom)

Deluxe Non A/C Room - 1700/- Day

(Non A/C spacious room, Twin bed, Bed side table, Spacious private bathroom, Private balcony.)

*Tariff includes treatment charge, room rent & herbal medication.

Extra : Acupuncture, Hijama, Massage, Steam bath, Counselling, Blood letting, Leech therapy

Facilities

- Children's play area
- Boating
- Taxi on request (payable)
- Airport pickup (payable)
- Free Wi-Fi

Extra Special Treatment Tariff

- Counseling - 2000 / Sitting
- Full body massage with steam - 800 / Massage
- Steam bath separate - 250 / Sitting
- Cupping / Hijama - 100 / Cup
- Acupuncture - 150 / Sitting
- Leech therapy - 400 / Leech
- Bone setting - 500 / Sitting
- Bloodletting (Venesection) - 400 / Sitting

Get in touch

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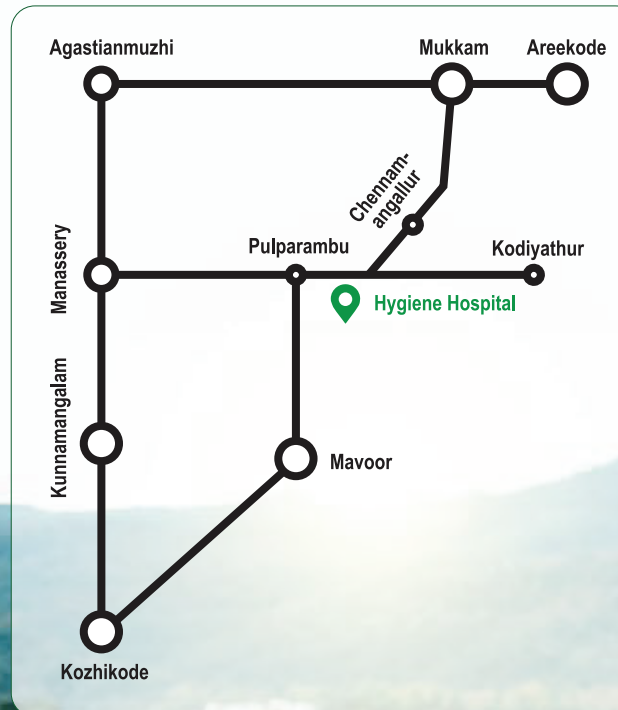


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HYGIENE HOSPITAL FOR NATUROPATHY AND YOGA

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HYGIENE HOSPITAL
NATUROPATHY AND YOGA





What is Nature Cure?

Naturopathy is a holistic system and works on toxemia theory of disease. It is the buildup of toxicity that causes disease. The toxicity can be due to internal and external causes due to problem in food, lifestyle and environment. Naturopathy is 'holistic' in its approach taking the human body as a whole – it treats the root cause of a disease and not the symptoms. Diagnosis and treatments with natural methods that promote the body's own ability to heal.

Naturopaths focus on treatments based on natural forces, completely avoiding the use of surgery and drugs. Naturopaths aim to prevent illness through stress reduction and bringing changes to diet and lifestyle, rejecting the methods of symptomatic treatment of other systems.



Treatments

Diet Therapy

Good nutrition is an important part of leading a healthy lifestyle. Combined with physical activity, your diet can help you to reach and maintain a healthy weight, reduce your risk of chronic disease and promote your overall health.

Fasting Therapy

Fasting is the willful refrainment from eating for a period of time. It gives complete physiological rest to the body and thereby promotes health by correcting the metabolism and removes the unnecessary dysfunctional cellular debris.

Sun Therapy

Sunlight brings warmth and life to our planet. We would not exist without it. It vitalizes our system. It helps in synthesis of Vit.D.

Mud Therapy

Mud can absorb toxins from human body there for is very useful in preventing many diseases. It is known for its healing properties. It also helps in cooling and relaxing body as it can hold moisture for a long time.

Hydro Therapy

Hydrotherapy is the use of water, both internally and externally and at varying temperatures, for health purposes. It includes such treatments as saunas, steam baths, spinal bath, hipbath, arm and foot baths, hot and cold showers.

Yoga Therapy

Yoga therapy utilizes poses, breathing techniques, & meditation to benefit and improve overall health.

Exercise Therapy

Exercise is any bodily activity that enhances or maintain physical fitness and overall health and wellness.

Acupuncture

Acupuncture is a traditional Chinese therapy which promotes body's self-healing process by stimulating acupuncture points.

Cupping / Hijama

Cupping is an alternative medical procedure where blood is drawn by vacuum from small skin incisions for therapeutic purposes.

Massage Therapy

It is the scientific manipulation of soft tissues. Massage helps to manage health & enhance wellness. Massage therapy has been studied for several types of pain like neck pain shoulder pain, knee pain, low back pain, headaches etc, and also for body stress.

Ailments

The approximate periods of hospitalized treatment for the under mentioned diseases are as shown below,



14 Days

Diabetes mellitus, Hypertension, Gastrointestinal diseases and Headache.



21 Days

Low back pain, piles, fissure, Anaemia, Jaundice and Fatigue.



28 Days

Cardiac diseases, Obesity, Gynecological disorders, Infertility, Asthma, Psoriasis, Allergy, Renal diseases and Fatty liver.

